Winter weather is harsh on all hair textures and types.
Defend your tresses from arctic air, whipping winds, and static electricity,
to show off your lovely locks when spring comes!

WARM TIPS TO

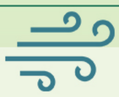
PREVENT WINTER HAIR DRY & TANGLED



1. Wear a hat which is lined with silk or satin.
Wool, cotton, and other fabrics can cause breakage.



2. Wash your hair with lukewarm water,
hot water can zap moisture from your hair making it brittle.



3. Allowing your hair to air dry is best.
Blow drying will increase the chance of breakage.



4. Avoid heat styling. Use this time
to explore new styles like twists, braids, and buns.



5. Restore moisture with an oil-based hair treatment.
Apply nourishing hair oil at the ends daily to help
replenish moisture and protect your hair.



6. Braid your hair into a ponytail to keep your
hair from weaving itself into knots as you sleep and move.



7. Trimming your hair regularly to
maintain hair health and keep your locks looking fresh.



8. Use a humidifier if indoor heating causes the air in your
home to become very dry, pulling moisture out of your hair.