

THE TOWNHOUSE KITCHEN

Sourdough 100% Natural Slow Fermentation

PAULINO HORTA FLOURS ^{ALENQUER} maximum exponent of the old—style flours traditionally made in windmill stone millstones, full of deep aroma and flavor

- WHEAT

V DF 600GR 4⁰⁰ 1200GR 6⁵⁰
- WHEAT SPECIAL

V DF 600GR 5⁰⁰ 1200GR 7⁵⁰

w APRICOT, ROSEMARY

w BARBELA

w COCOA, CAROB, HAZELNUT

w OLIVE, TOMATO ^{SUNDRIED}, QUINOA

w MULTIGRAIN

w PUMPKIN ^{OR PUMPKIN SHAPE} +3⁰⁰ **NEW**

w PLUM WALNUT ^N

w SAFFRON, SUNFLOWER

w SWEET POTATO, BLUEBERRY, LAVENDER

- FOCACCIA

V DF 600GR 8⁰⁰ 1200GR 14⁰⁰
- RYE WHOLE

LOAF V DF 600GR 4⁵⁰ 1200GR 7⁰⁰
- RYE SEEDED

LOAF V DF 600GR 5⁵⁰ 1200GR 9⁰⁰
- CRUMBS

SOURDOUGH V DF 100GR 1⁵⁰
- THINS CRACKERS

SOURDOUGH V DF 100GR FROM 2⁵⁰
- NEW**

MILK BREAD

LOAF V DF 750GR 5⁵⁰
- NEW**

MILK BREAD WHOLE

LOAF V DF 750GR 7⁰⁰
- THE BRIOCHE

LOAF OV 600GR 6⁵⁰
- GLUTEN FREE

LOAF V DF GF 600GR 6⁵⁰ 1200GR 12⁰⁰

Sourdough — in Portuguese *Massa Mãe Lêveda* — is a dough fermented through lactobacilli and yeasts naturally present in the environment and in the actual grains of the cereal from which the flour was made. Sourdough is characterised by a mild bitterness noticeable in the resulting bread and/or food produce. Due to the lactic acid produced by lactobacilli, preventing other microorganisms from manifesting, produce made with slow fermented sourdoughs have a pronounced intensity and a considerable longer life. Our starter is a story of love and daily dedication with almost ten years of longevity, since the opening of the townhouse, and it is nicknamed **ROSA**

THE TOWNHOUSE KITCHEN

PANETTONE OV UNIT 3⁵⁰ 600GR 16⁰⁰ 1200GR 24⁰⁰

w MUSCAT RAISINS DOURO MOSCATEL
w COCOA NIBS, ORANGE ALGARVE
w CRISPY ONION, THYME
w CAROB ALGARVE, FIG DOURO

NEW

BOLO — REI TRADITIONAL CROWN OV 1200GR 26⁰⁰

BOLO — RAINHA MALABAR GOURD CROWN OV 1200GR 29⁰⁰

WILLY WONKA CHOCOLAT TRUNK OV 1200GR 28⁰⁰

RABANADAS FRENCH TOAST OV UNIT 3⁰⁰ 6 UNIT 16⁰⁰

WINE RABANADAS OV UNIT 3⁵⁰ 6 UNIT 18⁰⁰

PÃO — DE — LÓ OVAR SPONGECAKE OV 500GR 17⁰⁰

PUMPKIN PIE PECAN PISTACHIO OV 700GR 17⁰⁰ 1400GR 32⁰⁰

NEW 'ABADE PRISCOS' GADUS MORHUA OV 500GR 13⁰⁰ 1000GR 24⁰⁰

CHURRA GOATMILK CHEESECAKE OV 700GR 18⁰⁰ 1400GR 35⁰⁰

BORDALEIRA SHEEPMILK CHEESECAKE OV 700GR 22⁰⁰ 1400GR 42⁰⁰

TIRA — M — ISSO OV 700GR 18⁰⁰ 1400GR 35⁰⁰

COCOA³ OV GF DF 700GR 19⁰⁰ 1400GR 39⁰⁰

SALAME PISTACHIO OV 500GR 17⁰⁰ 1000GR 32⁰⁰

BANANA BREAD OV N BRICK 600GR 16⁰⁰ 1200GR 24⁰⁰

SPICY GINGER OV BRICK 600GR 14⁰⁰ 1200GR 22⁰⁰

TEA CAKES OV BRICK 600GR 15⁰⁰ 1200GR 23⁰⁰

w LIME, LEMON, POPPY SEEDS
w COCOA, COFFEE, ROSE PEPPER
w COCONUT
w ORANGE ALGARVE
w CARROT, WALNUT N OR PARSNIP SEASONAL
w EGG WHITES, SULTANAS, PORT WINE

THE PUDDING OV 600GR 13⁰⁰ 1200GR 24⁰⁰

PAVLOVA TOPPING SEASONAL OV UNIT 7⁰⁰ 24CM 30⁰⁰

V vegan OV ovo-lacto-vegetarian GF glutenfree DF dairyfree R raw N nuts C crustaceans

THE TOWNHOUSE KITCHEN

- CROISSANT

PUFF DOUGH

OV UNIT

2⁸⁰

LOAF 600GR

14⁰⁰
- PAIN AU CHOCOLAT

OV UNIT

3⁵⁰

LOAF 600GR

18⁰⁰
- CINNAMON BUN

OV UNIT

2⁵⁰

LOAF 600GR

16⁰⁰
- RIBBON

PISTACHIO OR CRANBERRY

OV UNIT

3⁵⁰

LOAF 600GR

18⁰⁰
- NEW

ESTRELA ROLL

SEIA SHEEP CHEESE ROLL

OV UNIT

3⁸⁰
- TOWNHOUSE SCONES

OV UNIT

3⁰⁰
- NEW

ARRUFADINHAS

OV UNIT

2⁵⁰

6 UNIT

12⁰⁰
- AL—BROWNIE

VEGAN V DF GF N

UNIT

4⁵⁰

6 UNIT

22⁰⁰
- COOKIES

AMERICAN STYLE COOKIE

BY PATTI

UNIT

4⁰⁰

- COOKIES

OV N

FROM 100GR

7⁰⁰
- AL—BISCOTTI

CANTUCCINI PISTACHIO OR ALMOND
- GINGERBREAD

OR XMAS FIGURES SPECIAL

18⁰⁰
- LIME—LEMON COCONUT

12⁰⁰
- OATS / PEANUT BUTTER

OR COCOA PEANUT BUTTER

- JAMS

V DF GF 250GR

9⁰⁰
- NEW

w COCONUT, PINEAPPLE

AZORES
- w FIG CONFIT

DOURO
- w FOREST FRUITS
- w GREENGAGE

PLUM RAINHA CLÁUDIA
- w KIWI, LIME, ROSE PEPPER
- w PEACH, GARAM MASALA, LAVENDER
- w PLUM, CHIA, PORT WINE

DOURO
- w STRAWBERRY, BASIL

- QUINCE

V DF GF JELLY 250GR

8⁰⁰

MARMALADE 250GR

15⁰⁰

- CHUTNEYS

V DF GF 250GR

9⁰⁰
- w AL—GHARB MANGO

ALGARVE, APPLE, SHALLOT
- w BEETROOT, ORANGE

ALGARVE
- w FENNEL, TURMERIC / CORAÇÃO DE BOI

TOMATO
- w RAINBOW PEPPERS / PORT ONION

DOURO

- BREAD & BUTTER PICKLES

V DF GF 250GR

9⁰⁰
- KIMCHI

V DF GF 250GR

9⁰⁰

V vegan OV ovo-lacto-vegetarian GF glutenfree DF dairyfree R raw N nuts C crustaceans

THE TOWNHOUSE KITCHEN

- NEW

BAR CHOCOLATE

WHITE / MILK / DARK / MIX

OV 100GR

9⁰⁰
- TÚRRON

COCOA / PINE NUT / HONEYCOMB

V GF DF 100GR

11⁰⁰
- NEW

(CAROB) BLACK SALTED CARAMEL

OV GF 200GR

9⁰⁰
- SEA SALT

ALGARVE AROMATISED IN HOUSE

V N 150GR

8⁰⁰
- w PORT WINE

DOURO

w CITRUS

LIME, LEMON
- TAHINI SESAME

PASTE

V DF GF 200GR

8⁰⁰
- NUT—BUTTERS

PLANT—BASED

V DF GF N 200GR

12⁰⁰
- w ALMOND

w PEANUT
- w CASHEW NUT

w PISTACHIO

+2⁰⁰
- w HAZELNUT

w WALNUT
- SPICED NUTS

V DF N 100GR

12⁰⁰
- PISTACHIO DUKKAH

SEASONING

V DF N 100GR

14⁰⁰
- GRANOLA / MUESLI

SEASONAL

V DF N 250GR

9⁰⁰
- NATURAL YOGHURT

HOUSEMADE

OV GF 200GR

2⁰⁰
- RICOTTA / LABNEH / TZATZIKI

OV GF 200GR

6⁰⁰
- FERMENTED SODAS

V DF GF 50CL

9⁰⁰

1L

16⁰⁰
- HOUSEMADE 100% NATURAL FERMENTED
- KOMBUCHA

BLACK TEA

SIDRA

BRAVO—ESMOLFE APPLE
- GINGER BEER

ROOT

TEPACHAI

PINEAPPLE SPICES
- KVASS

BEETRROT

WHEYMONADE

MILK WHEY
- COLD BREW

V DF GF 50CL

5⁰⁰

1L

9⁰⁰
- COFFEE

VERNAZZA COFFEE ROASTERS

BEAN

250GR

18⁰⁰
- TEA BLENDS

TOWNHOUSE LOOSE LEAF BLEND

25GR

5⁰⁰
- NATURAL WINES

FROM

18⁰⁰

/ BOTTLE
- CHECK OUR SELECTION OF WINES / CIDERS / CRAFT BEERS
- NEW

THE DAILY BRUNCH VOL I

2ND

45⁰⁰
- NEW

THE SUPPER CLUB VOL II

1ST

65⁰⁰
- RECIPE BOOKS (ENG)

+250 PAGES / HARD COVER

THE TOWNHOUSE KITCHEN

Massas Mãe Fermentação Lenta 100% Natural

FARINHAS PAULINO HORTA ^{ALENQUER} expoente máximo das antigas farinhas feitas em mós de pedra de moinhos de vento, plena de aroma e de sabor

TRIGO ^{V DF} 600GR **4⁰⁰** 1200GR **6⁵⁰**

TRIGO ESPECIAL ^{V DF} 600GR **5⁰⁰** 1200GR **7⁵⁰**

NOVO

de ABÓBORA ^{OU FORMA ABÓBORA} +**3⁰⁰**

de AÇAFRÃO SEMENTES

de ALECRIM ALPERCE

de AMEIXA NOZ ^N

de AVELÃ, ALFARROBA, CACAU

de AZEITONA, TOMATE ^{SECO AO SOL}, QUINOA

de BATATA DOCE, MIRTILO, ALFAZEMA

de MULTICERAIS

de TRIGO BARBELA

FOCACCIA ^{V DF} 600GR **8⁰⁰** 1200GR **14⁰⁰**

CENTEIO INTEGRAL ^{LOAF V DF} 600GR **4⁵⁰** 1200GR **7⁰⁰**

CENTEIO SEMENTES ^{LOAF V DF} 600GR **5⁵⁰** 1200GR **9⁰⁰**

CRUMBS ^{MASSA MÃE V DF} 100GR **1⁵⁰**

THINS CRACKERS ^{MASSA MÃE V DF} 100GR A PARTIR DE **2⁵⁰**

NOVO

PÃO—DE—FORMA ^{LOAF V DF} 750GR **5⁵⁰**

NOVO

PÃO—DE—FORMA INTEGRAL ^{LOAF V DF} 750GR **7⁰⁰**

BRIOCHE ^{LOAF EV} 600GR **6⁵⁰**

GLUTEN FREE ^{LOAF V DF GF} 600GR **6⁵⁰** 1200GR **12⁰⁰**

Massa Mãe Lêveda — em inglês *sourdough* — é uma massa fermentada através de lactobacilos e leveduras presentes naturalmente no ambiente e nos grãos do cereal do qual a farinha foi feita. A massa lêveda distingue-se por um azedume suave perceptível no pão ou produto alimentar resultante. Devido ao ácido láctico produzido pelos lactobacilos, impedindo que outros micro-organismos se manifestem, os produtos alimentícios feitos a partir da massa lêveda possuem uma intensidade e vida útil consideravelmente maior. O nosso isco é uma história de amor e dedicação diária com cerca de oito anos de longevidade, desde a abertura da townhouse, e, chama-se **ROSA**.

V vegan OV ovo-lacto-vegetariano GF sem gluten DF sem lactose R cru N nozes C crustáceos

THE TOWNHOUSE KITCHEN

NOVO

PANETTONE OV UNI 3⁰⁰ 600GR 16⁰⁰ 1200GR 24⁰⁰
w SULTANAS MOSCATEL DOURO MOSCATEL
w CACAU e LARANJA DO ALGARVE
w CEBOLA CROCANTE e TOMILHO
w ALFARROBA ALGARVE, FIGO DOURO

BOLO — REI COROA TRADICIONAL OV 1200GR 26⁰⁰
BOLO — RAINHA COROA CHILA — GILA OV 1200GR 29⁰⁰
WILLY WONKA TRONCO CHOCOLATE OV 1200GR 28⁰⁰

RABANADAS FRENCH TOAST OV UNIT 3⁰⁰ 6 UNIT 16⁰⁰
RABANADAS VINHO OV UNIT 3⁵⁰ 6 UNIT 18⁰⁰

PÃO — DE — LÓ ESTILO OVAR OV 500GR 17⁰⁰

NOVO

PUMPKIN PIE PECAN PISTACHIO TARTE OV 700GR 17⁰⁰ 1400GR 32⁰⁰
'ABADE PRISCOS' GADUS MORHUA OV 500GR 13⁰⁰ 1000GR 24⁰⁰

CHURRA CHEESECAKE CABRA OV 700GR 18⁰⁰ 1400GR 35⁰⁰
BORDALEIRA CHEESECAKE OVELHA OV 700GR 22⁰⁰ 1400GR 42⁰⁰
TIRA — M — ISSO OV 700GR 18⁰⁰ 1400GR 35⁰⁰

COCOA³ OV 700GR 19⁰⁰ 1400GR 39⁰⁰
SALAME PISTACHIO OV 500GR 17⁰⁰ 1000GR 32⁰⁰

BANANA BREAD OV N BRICK 600GR 16⁰⁰ 1200GR 24⁰⁰
SPICY GINGER OV BRICK 600GR 14⁰⁰ 1200GR 22⁰⁰
TEA CAKES OV BRICK 600GR 15⁰⁰ 1200GR 23⁰⁰

de LIMA, LIMÃO, PAPOILA
de CHOCOLATE PIMENTA ROSA
de COCO
de LARANJA DO ALGARVE
de CENOURA e NOZ N OU PASTINACA SAZONAL
de CLARAS, SULTANAS e PORTO

THE PUDDING OV 600GR 13⁰⁰ 1200GR 24⁰⁰
PAVLOVA TOPPING SAZONAL OV UNI 7⁰⁰ 24CM 30⁰⁰

V vegan OV ovo-lacto-vegetarian GF glutenfree DF dairyfree R raw N nuts C crustaceans

THE TOWNHOUSE KITCHEN

- CROISSANT

MASSA FOLHADA

OV UNI

2⁸⁰

LOAF 600GR

14⁰⁰
- PAIN AU CHOCOLAT

OV UNI

3⁵⁰

LOAF 600GR

18⁰⁰
- CINNAMON BUN

OV UNI

2⁵⁰

LOAF 600GR

16⁰⁰
- RIBBON

PISTÁCIO OU ARANDO

OV UNI

3⁵⁰

LOAF 600GR

18⁰⁰
- NOVO

ESTRELA ROLL

OVELHA BORDALEIRA SEIA

OV UNI

3⁸⁰
- TOWNHOUSE SCONES

OV UNI

3⁰⁰
- NOVO

ARRUFADINHAS

OV UNI

2⁵⁰

6 UNI

12⁰⁰
- AL—BROWNIE

VEGAN V DF GF N UNI

4⁵⁰

6 UNI

22⁰⁰
- COOKIES

ESTILO AMERICANO

BY PATTI UNI

4⁰⁰

- BISCOITOS

OV A PARTIR DE 100GR

7⁰⁰
- AL—BISCOTTI / CANTUCCINI

AVEIA / AMENDOIM

OU COCOA AMENDOIM

LIMA—LIMÃO COCO

12⁰⁰
- GINGERBREAD

OU FIGURAS ESPECIAIS NATAL

18⁰⁰

- COMPOTAS

V DF GF 250GR

9⁰⁰
- de AMEIXA

RAINHA CLÁUDIA
- de AMEIXA, CHIA, PORTO

DOURO
- NOVO

de COCO ANANÁS

AÇORES
- de FIGO

DOURO
- de FRUTOS DO BOSQUE
- de KIWI, LIMA, PIMENTA ROSA
- de MORANGO, MANJERICÃO

OR TOMILHO
- de PÊSSEGO, GARAM MASALA, ALFAZEMA

- MARMELO

GELEIA 250GR

8⁰⁰

MARMELADA 100GR

15⁰⁰

- CHUTNEYS

V DF GF 250GR

9⁰⁰
- de AL—GHARB MANGA, MAÇÃ, CHALOTA
- de BETERRABA e LARANJA

DO ALGARVE
- de FUNCHO, AÇAFRÃO / CORAÇÃO DE BOI

TOMATE
- de PIMENTOS ARCO—ÍRIS / CEBOLA, PORTO

DOURO

- BREAD & BUTTER PICKLES

V DF GF 250GR

9⁰⁰
- KIMCHI

V DF GF 250GR

9⁰⁰

THE TOWNHOUSE KITCHEN

NOVO **BAR** CHOCOLATE BRANCO 28% / LEITE 55% / NEGRO 70% **OV** 100GR **9⁰⁰**
TÚRRON CACAU / PINHÃO / *HONEYCOMB* **V GF DF** 100GR **11⁰⁰**

NOVO **(ALFARROBA) CARAMELO SALGADO** **OV GF** 200GR **9⁰⁰**

SAL MARINHO DO ALGARVE — AROMATIZAÇÃO **V N** 150GR **8⁰⁰**
de VINHO PORTO **DOURO** de CITRUS LIMA, LIMÃO

TAHINI SÉSAMO PASTA **V DF GF** 200GR **8⁰⁰**

MANTEIGAS VEGETAIS **V DF GF** 200GR **12⁰⁰**

de AMÊNDOA	de AMENDOIM
de AVELÃ	de PISTÁCIO +2⁰⁰
de CAJU	de NOZ

SPICED NUTS **V N** 100GR **12⁰⁰**

PISTACHIO DUKKAH CONDIMENTO **V N** 100GR **14⁰⁰**

GRANOLA / MUESLI SAZONAL **V N** 250GR **9⁰⁰**

IOGURTE NATURAL **OV GF** 200GR **2⁰⁰**

RICOTTA / LABNEH / TZATZIKI **OV GF** 200GR **6⁰⁰**

SODAS FERMENTADAS **V DF GF** 50CL **9⁰⁰** 1L **16⁰⁰**

FERMENTAÇÃO NATURAL 100% CASEIRA	
KOMBUCHA BLACK TEA	SIDRA MAÇÃ BRAVO—ESMOLFE
GINGER BEER RAIZ	TEPACHAI ANANÁS ESPECIARIAS
KVASS BETERRABA	WHEYMONADE SERUMLEITE

COLD BREW **V DF GF** 50CL **5⁰⁰** 1L **9⁰⁰**

CAFÉ EARLY COFFEE ROASTER GRÃO 250GR **18⁰⁰**

CHÁ THE TOWNHOUSE FOLHA SOLTA 25GR **5⁰⁰**

NATURAL WINES FROM **18⁰⁰** / BOTTLE

CHECK OUR SELECTION OF WINES / CIDERS / CRAFT BEERS

NOVO **THE DAILY BRUNCH VOL I 2ND** **45⁰⁰**

NOVO **THE SUPPER CLUB VOL II 1ST** **65⁰⁰**

RECIPE BOOKS (ENG) +250 PAGES / HARD COVER

V vegan **OV** ovo-lacto-vegetariano **GF** sem gluten **DF** sem lactose **R** cru **N** nozes **C** crustáceos